This adventure is proudly presented to you by:

Oregon Trail

Travel Oregon

Activities & Coloring

Oregon Trail

A historical adventure through the Western Frontier
Help Ezra and Lucy get dressed for their journey on the trail. Cut out the characters below and cut a slit on the dotted lines. Then, slip the two slits together to form a crossed base. Next, color and cut all the clothes and accessories on page 20 to mix and match their outfits.
In the mid-1800s over 300,000 men, women and children sold their possessions, packed their wagons and embarked on an epic journey to Oregon, driven by the promise of better health and good farmland.

They traveled 2,000 miles over 5-6 months passing waterfalls, vast open grasslands, traversing mountains, crossing rivers and seeing famous landmarks like Chimney Rock and Soda Springs. They encountered herds of buffalo and met many Native American tribes.

Life on the trail was difficult. Pioneers faced hunger, disease and injury. They walked 10-15 miles a day and everyone worked hard. Even very young children would use their tiny fingers to help clean out the oxen’s noses so they could breathe on the dusty parts of the trail! Although the journey was long, the pioneers were driven by the promise of a better life in Oregon.

Follow along with Ezra and Lucy as they travel the Oregon Trail and learn about this great migration west!
Wagons were used to carry all of the food, clothing and supplies that pioneers would need for the journey and to start their new life in Oregon. The trail was so bumpy that people rarely rode in the wagons unless they were sick or injured. Get to know this important vehicle by correctly naming the parts of the Prairie Schooner wagon below.

1. **Bonnet**
The bonnet was double layered and could be pulled shut for added weather protection.

2. **Wooden Axle**
The axle kept the wheels together. Axle grease was also used as lip balm.

3. **Wooden Wheel**
The front wheels were smaller so the wagon could turn more easily.

4. **Wooden Axle**
The axle kept the wheels together. Axle grease was also used as lip balm.

5. **Iron Tire**
The wooden wheels were rimmed with iron to prevent wear.

6. **Sideboard**
The wagon was waterproofed by painting or oiling it.

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**Fun fact!**

Seeds were brought on the trail to plant on homesteads. Some families put seeds in a stuffed animal to store them safely for the kids to carry along the Oregon Trail.

**Fun fact!**

Pioneers lived out of their wagon for the first winter in Oregon because they couldn’t build in the snow. They would start building their cabin in the spring when the weather improved.

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The U.S. Bureau of Land Management invites you to visit Wildwood Recreation Site. Walk in the footsteps of pioneers in the forest along a portion of the Oregon Trail, relax in a river they once forded and picnic at the remnants of an old settlement.

Congratulations! You made it all the way to your Oregon settlement. Connect the dots below to build your new cabin. Welcome home!
1. **Camp Along the Oregon Trail**
   - Experience a night on the trail at Farewell Bend State Recreation Area. Pioneers enjoyed this last night spent on the Snake River before they began to tackle the difficult terrain of Oregon.

2. **Ready Your Wagon**
   - Take a hike through the National Historic Oregon Trail Interpretive Center’s trails that take you by authentic wagon ruts and remnants of a former gold mine and wagon encampment.

3. **Learn About Native American Tribes**
   - Visit the Tamástslikt Cultural Institute, the only museum on the Oregon Trail that documents how the arrival of the pioneers forever changed tribal life.

4. **Encounter the Animals of the Oregon Trail**
   - Head to the Columbia Gorge Discovery Center & Museum to learn about the animals that live along the Oregon Trail. Be sure to check out their Raptor Center for up-close encounters with live birds of prey.

5. **Travel the Barlow Road**
   - Want to learn more about the Oregon Trail? Download the Mt. Hood Territory Heritage Trail app to hear about the rich history at numerous sites along the Barlow Road, including an original tollgate you can visit.

6. **Walk in the Footsteps of Pioneers**
   - Wildwood Recreation Site has miles of wooded trails, some of which follow routes the pioneers traveled. Look for swails from their wagons that are still visible today. While you’re there, visit the Cascade Streamwatch underwater fish viewing window.

7. **Build a Log Cabin**
   - Visit Philip Foster Farm, the preserved historic home of an early pioneer family, where you can try your hand at pioneer activities like grinding corn or building a log cabin.

8. **Hurray! The End of the Oregon Trail!**
   - The End of the Oregon Trail Interpretive Center brings history to life with modern pioneers who will teach you skills like candle making or butter churning. Snap a photo at the official end of the Oregon Trail – you made it!

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**Packing the Wagon**

**Dried Fruits**
- These were a good source of energy and vitamins and helped to prevent scurvy. They also lasted a long time before going bad.

**Extra Boots**
- Shoes would wear out quickly from walking 10-15 miles a day for several months. If pioneers didn’t have extra shoes, they sometimes went barefoot in the prairies to save their shoes for the rugged mountains.

**Farming Tools**
- In addition to items for the journey, pioneers needed to bring tools to build a cabin and farm on their new land in Oregon. Sometimes they brought only the heads of tools and would carve new handles once they arrived.

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**Feature Items**

**Dried Fruits**

**Extra Boots**

**Farming Tools**

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**Item Weight**

<table>
<thead>
<tr>
<th>Item Weight</th>
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</thead>
<tbody>
<tr>
<td>Bacon 300</td>
<td>Art Supplies 45</td>
</tr>
<tr>
<td>Beans 200</td>
<td>Axle Grease 15</td>
</tr>
<tr>
<td>Coffee 80</td>
<td>Bedrolls &amp; Blankets 30</td>
</tr>
<tr>
<td>Dried Beef 100</td>
<td>Bags of Fabric 75</td>
</tr>
<tr>
<td>Dried Fruits 80</td>
<td>Books 75</td>
</tr>
<tr>
<td>Flour 500</td>
<td>Candles 10</td>
</tr>
<tr>
<td>Lard 200</td>
<td>Extra Boots 10</td>
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<tr>
<td>Rice 200</td>
<td>Farming Tools 50</td>
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<tr>
<td>Salt 50</td>
<td>Pickle 10</td>
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<tr>
<td>Sugar 40</td>
<td>Gunpowder 80</td>
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<tr>
<td>Vinegar 15</td>
<td>Heavy Rope 40</td>
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<tr>
<td>Bellows for Fire 10</td>
<td>Mirror 15</td>
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<tr>
<td>Butter Churn 40</td>
<td>Rifle &amp; Lead Shot 40</td>
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<tr>
<td>Cooking Utensils 40</td>
<td>Sewing Machine 100</td>
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<tr>
<td>Dish Set 20</td>
<td>Soap 20</td>
</tr>
<tr>
<td>Dutch Oven 12</td>
<td>Tent &amp; Camp Gear 120</td>
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<tr>
<td>Fry Pan 10</td>
<td>Toys 15</td>
</tr>
<tr>
<td>Kettle 10</td>
<td>Trunk of Clothes 100</td>
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<tr>
<td>Water Barrel 10</td>
<td>Wagon Repair Kit 40</td>
</tr>
</tbody>
</table>

**Column Total**

(See above table for weights)
Every day was full of exploration and discovery for pioneers that headed west on the Oregon Trail. Imagine seeing giant rock formations, huge snow-capped mountains and new trees, plants and animals for the first time! Get into the spirit of discovery by coloring in all of the shapes that only have three sides in the image above.

Once they began their journey, daily life for pioneers on the Oregon Trail was very different from life today. Below are a few pioneer activities and their modern-day equivalents. For each pair of activities, circle the one you prefer to see how you might have enjoyed life on the trail.

**PIONEER LIFE**
- bathe in a river
- build a log cabin
- eat bacon every day
- pet an ox
- go camping
- drink coffee
- write in a journal
- wear a straw hat or bonnet
- sing around a campfire
- cook over a fire

**Modern Comforts**
- take a shower
- build a pillow fort
- eat broccoli every day
- pet a dog
- sleep in your bed
- drink juice
- send a text
- wear a baseball hat
- listen to music with headphones
- microwave a meal

Now add up your total score. Give yourself **2 POINTS** for every answer in the **PIONEER LIFE** column and **1 POINT** for every answer in the **MODERN COMFORTS** column.

<table>
<thead>
<tr>
<th>PIONEER LIFE</th>
<th>MODERN COMFORTS</th>
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<tbody>
<tr>
<td>10</td>
<td>13</td>
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<td>14</td>
<td>16</td>
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<td>20</td>
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<table>
<thead>
<tr>
<th>TOTAL</th>
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<td><strong>4 17</strong></td>
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</tbody>
</table>

**Humble Pioneer**
You’re rarely spotted without your ear buds in or phone in hand. You will always choose the comfort of your modern home over the trials of pioneer life. The bad news? You may not have made it on the Oregon Trail. The good news? You don’t have to!

**Best of Both**
You’re not afraid to journey off the beaten path, but you also enjoy your modern creature comforts. You find innovative ways to merge the two together - like a microwave in your Prairie Schooner! With a mix of today’s technology and pioneer practicality, anything’s possible.

**Proud Pioneer**
Pack your wagon, Pioneer! You are ready for adventure. It might look a little odd when your ox carries your backpack to school, but your appreciation for hard work and curiosity for the unknown make you a great candidate for the Oregon Trail. Keep exploring!
Having good tracking skills helped pioneers hunt, find fresh water and keep their families away from danger. Test your tracking skills below by matching the animals with their tracks.

1. Jackrabbit
2. Bald Eagle
3. Human
4. Raccoon
5. Fox
6. Bear
7. Cat
8. Snake
9. Deer
10. Buffalo
11. Prairie Dog

Having good tracking skills helped pioneers hunt, find fresh water and keep their families away from danger. Test your tracking skills below by matching the animals with their tracks.
Buffalo produced valuable resources for pioneers on their journey, including their poop! Buffalo chips contained mostly grass, which would burn very easily, so it was gathered and used as campfire fuel. Because there were few toys on the trail, buffalo chips were also used as frisbees. How many buffalo chips can you find in this scene? (Watch out! Don’t get confused by the rocks!)

Laurel Hill was one of the last major obstacles that pioneers had to conquer on their way to Oregon City. They tied a rope to their wagon and looped it around a tree. Using the tree as a pulley for the rope, they would slowly lower their wagons down the steep hill all the way to the bottom. Try creating your own pulley using the same idea below!

**D.I.Y. Laurel Hill Pulley**

- **Items needed:**
  - Spare change (small handful)
  - Small plastic bag
  - Pencil
  - String (about 12”)

1. Place your coins in the small plastic bag.
2. Gather the top of the plastic bag together and tie one end of the string around it using a simple knot.
3. Wrap the middle of the string around the pencil one time.
4. Hold the pencil in front of you horizontally with your left hand and the loose end of the string with your right hand.
5. Pull back on the string and see your bag of coins raise up. Next, loosen your tension on the string and let the weight of the bag pull itself down.
6. “Ta-dah!” This is how the basic Laurel Hill pulley worked. Pioneers could use the friction of the rope against the tree to slow down or stop the wagon as it descended the steep hill.

**Other Uses for Buffalo**

- Horns
  - for storing gunpowder
- Meat
  - for making dried jerky
- Hide
  - for making blankets

10 total buffalo chips (excluding chips in the title).

Gather the top of the plastic bag together and tie one end of the string around it using a simple knot.

Wrap the middle of the string around the pencil one time.

Pull back on the string and see your bag of coins raise up. Next, loosen your tension on the string and let the weight of the bag pull itself down.

“Ta-dah!” This is how the basic Laurel Hill pulley worked. Pioneers could use the friction of the rope against the tree to slow down or stop the wagon as it descended the steep hill.
Pioneers would forage for naturally growing food all along their journey. Huckleberries at Summit Meadow were a great source of nutrition and energy. How many huckleberries can you find?

**Hardtack Biscuits**

**Ingredients**
- 2 c flour
- ¾ c water
- 1 tsp salt

**Directions**
1. Preheat oven to 350°F.
2. Mix the flour and salt together and add a little water at a time until it's a consistency that can be mixed by hand.
3. Roll out the dough with a rolling pin on a floured surface. Once the dough is ¼ inch thick cut into 3 inch by 3 inch squares.
4. Arrange dough on a cookie sheet and bake for 25 minutes. Flip the biscuits over and bake for another 25-30 minutes. Biscuits will harden as they cool.

**How to Cook with a Dutch Oven**
1. Place ingredients inside pot and place the lid on the pot.
2. Place dutch oven on fire.
3. Take hot coals from fire and place on top.
4. The inside becomes a hot sealed area like your oven at home.

**Huckleberry Hunt at Summit Meadow**

14 total huckleberries (excluding berries in the title).
At night travelers would set up camp, typically with the wagons in a circle. There would be music, dancing, dinner, weddings and holiday celebrations. Some travelers would choose to sleep under the stars while others would empty their wagons and sleep inside.

Travelers had to pay a toll to use the Barlow Road. Can you figure out Ezra and Lucy’s tolls using the fees on the sign above?

Ezra’s Toll: $15.80; Lucy’s Toll: $26.10

Multiply the fees by 25 to see how much the toll would cost today.

Fun Fact: Multiply the fees by 25 to see how much the toll would cost today.
Near the end of the journey, the trail forked, and pioneers were faced with a difficult decision: river or mountain? Floating down the Columbia River was faster, but pioneers risked drowning and losing all of their possessions. The safer route was around Mt. Hood on the Barlow Road, the most challenging terrain of the journey. Which way would you choose?

Pioneers heading west on the trail would encounter many different Native American tribes along the way. Since nearly all of the tribes had their own unique languages, communication was difficult. Trading and guidance was often provided through hand gestures. Try communicating using some of these signs and see if you can point some of them out on the page to the left.
We are

Welcome to Oregon!

Scurvy

Diptheria

Dysentery

Cholera

Measles

Fever

Pneumonia

Mountain cholera

Pioneers often faced the threat of serious illness throughout their journey. Help Lucy and Ezra avoid common Oregon Trail ailments and make it to Oregon without getting sick.

A viral disease that was very contagious, causing high fever and dehydration.

Most deadly illness on the Oregon Trail. Caused by polluted water, it led to diarrhea, vomiting and pain. Victims often died within 12 hours of the first symptoms.

Inflammation of the intestines caused by unsanitary conditions. Could lead to extreme dehydration and sometimes death.

Lack of Vitamin C on the Oregon Trail could lead to weakness and tiredness. Malnutrition could be prevented by bringing dried fruits or citrus oil on the trail.

Drastic weather changes caused this respiratory sickness.

Used to refer to several types of high fever and headaches including typhoid fever and scarlet fever. Usually not fatal.

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Airborne bacteria that caused skin, respiratory problems and in severe cases a gray material covering airways and uncontrollable drooling.

Something isn’t quite right at the Trading Post!

Can you spot the differences between these two scenes? Color in the drawings and circle all 30 differences as Lucy and Ezra shop for supplies.

Keep Your Travel Buddies Healthy

Pioneers often faced the threat of serious illness throughout their journey. Help Lucy and Ezra avoid common Oregon Trail ailments and make it to Oregon without getting sick.
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**Diphtheria**
- Airborne bacteria that caused skin, pharyngeal, respiratory problems and in severe cases a gray material covering airways and uncontrollable drooling.
- A disease that was very contagious, causing high fever and dehydration.

**Cholera**
- A viral disease that was very contagious, causing high fever and dehydration.
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**Measles**
- A viral disease that was very contagious, causing high fever and headache.
- Usually not fatal.

**Fever**
- Used to refer to several types of high fever and headaches including typhoid fever and scarlet fever.
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**Mountain Cholera**
- Inflammation of the intestines caused by unsanitary conditions. Could lead to extreme dehydration and sometimes death.

**Pneumonia**
- Inflammation of the lungs caused by unsanitary conditions. Could lead to extreme dehydration and sometimes death.

**Dysentery**
- Inflammation of the intestines caused by unsanitary conditions. Could lead to extreme dehydration and sometimes death.

**Scurvy**
- Lack of Vitamin C on the Oregon Trail could lead to weakness and tiredness. Malnutrition could be prevented by bringing dried fruits or citrus oil on the trail.

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### Other Uses for Buffalo
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  - for making dried jerky
- **Hide**
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e.  Deer
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h.  Fox
g.  Cat
i.  Snake
j.  Buffalo
k.  Prairie Dog

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**PIONEER LIFE VS. Modern Comforts**

- bathe in a river
- build a log cabin
- eat bacon every day
- pet an ox
- go camping
- drink coffee
- write in a journal
- wear a straw hat or bonnet
- sing around a campfire
- cook over a fire

**OR**

- take a shower
- build a pillow fort
- eat broccoli every day
- pet a dog
- sleep in your bed
- drink juice
- send a text
- wear a baseball hat
- listen to music with headphones
- microwave a meal

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### TOTAL

| 10 | 13 | 14 | 16 | 17 | 20 |

- **10 POINTS** on **PIONEER LIFE**
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- **13 POINTS** on **MODERN COMFORTS**
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- **14 POINTS** on **BEST OF BOTH**
  - Pack your wagon, Pioneer! You are ready for adventure. It might look a little odd when your ox carries your backpack to school, but your appreciation for hard work and curiosity for the unknown make you a great candidate for the Oregon Trail. Keep exploring!

- **16 POINTS** on **PROUD PIONEER**
  - Every day was full of exploration and discovery for pioneers that headed west on the Oregon Trail. Imagine seeing giant rock formations, huge snow-capped mountains and new trees, plants and animals for the first time! Get into the spirit of discovery by coloring in all of the shapes that only have three sides in the image above.
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ENCOUNTER THE ANIMALS OF THE OREGON TRAIL
Head to the Columbia Gorge Discovery Center & Museum to learn about the animals that live along the Oregon Trail. Be sure to check out their Raptor Center for up-close encounters with live birds of prey.

PIONEERS HAD TO MAKE SOME HARD CHOICES ABOUT WHAT TO BRING ON THE TRAIL. IF THEY DIDN’T BRING ENOUGH SUPPLIES, THEY RISKED HUNGER AND DISEASE. IF THEY BROUGHT TOO MUCH, THE WAGON WOULD SLOW DOWN OR BREAK. CAN YOU DECIDE WHAT YOU WOULD TAKE? CIRCLE THE ITEMS YOU WANT TO PACK, ADD UP EACH COLUMN, THEN ADD YOUR GRAND TOTAL AT THE BOTTOM. REMEMBER, A WAGON CAN HOLD BETWEEN 1,800-2,000 POUNDS!

ITEM WEIGHT
FOOD SUPPLIES
Bacon 300
Beans 200
Coffee 80
Dried Beef 100
Dried Fruits 80
Flour 500
Lard 200
Rice 200
Salt 50
Sugar 40
Vinegar 15

Cooking SUPPLIES
Bellows for Fire 10
Butter Churn 40
Cooking Utensils 40
Dish Set 20
Dutch Oven 10
Fry Pan 10
Kettle 10
Water Barrel 10

Medicine 1
Mirror 15
Rifle & Lead Shot 40
Sewing Machine 100
Soap 20
Tent & Camp Gear 15
Trunk of Clothes 100
Wagon Repair Kit 40

Extra Boots 10
Books 75
Extra Boots 10
Fiddle 10
Gumpowder 80
Heavy Rope 40

Medicine 1

GRAND TOTAL
(remember: the weight limit is between 1,800–2,000 pounds. choose wisely!)

If you packed all of these items in your wagon, it would weigh 2,800 pounds!
Wagons were used to carry all of the food, clothing and supplies that pioneers would need for the journey and to start their new life in Oregon. The trail was so bumpy that people rarely rode in the wagons unless they were sick or injured. Get to know this important vehicle by correctly naming the parts of the Prairie Schooner wagon below.

**Bonnet**
The bonnet was double layered and could be pulled shut for added weather protection.

**Wooden Axle**
The axle kept the wheels together. Axle grease was also used as lip balm.

**Wooden Wheel**
The front wheels were smaller so the wagon could turn more easily.

**Sideboard**
The wagon was waterproofed by painting or oiling it.

**Yoke**
The yoke was designed specifically for oxen because they push with their shoulders.

**Iron Tire**
The wooden wheels were rimmed with iron to prevent wear.

The U.S. Bureau of Land Management invites you to visit Wildwood Recreation Site. Walk in the footsteps of pioneers in the forest along a portion of the Oregon Trail, relax in a river they once forded and picnic at the remnants of an old settlement.

Congratulations! You made it all the way to your Oregon settlement. Connect the dots below to build your new cabin. Welcome home!

**Fun Fact!**
Seeds were brought on the trail to plant on homesteads. Some families put seeds in a stuffed animal to store them safely for the kids to carry along the Oregon Trail.

**Fun Fact!**
Pioneers lived out of their wagon for the first winter in Oregon because they couldn’t build in the snow. They would start building their cabin in the spring when the weather improved.
In the mid-1800s over 300,000 men, women and children sold their possessions, packed their wagons and embarked on an epic journey to Oregon, driven by the promise of better health and good farmland.

They traveled 2,000 miles over 5-6 months passing waterfalls, vast open grasslands, traversing mountains, crossing rivers and seeing famous landmarks like Chimney Rock and Soda Springs. They encountered herds of buffalo and met many Native American tribes.

Life on the trail was difficult. Pioneers faced hunger, disease and injury. They walked 10-15 miles a day, and everyone worked hard. Even very young children would use their tiny fingers to help clean out the oxen’s noses so they could breathe on the dusty parts of the trail!

Although the journey was long, the pioneers were driven by the promise of a better life in Oregon.

Follow along with Ezra and Lucy as they travel the Oregon Trail and learn about this great migration west!
Help Ezra and Lucy get dressed for their journey on the trail. Cut out the characters below and cut a slit on the dotted lines. Then, slip the two slits together to form a crossed base. Next, color and cut all the clothes and accessories on page 20 to mix and match their outfits.
Greetings, Pioneer! The Surveyor General of the Public Lands in Oregon hereby awards the donation of One Section of Land of Clackamas County, then Oregon Territory, to __________________________ ________________________, aged ____, who has made the journey to this new land from __________________________________________, _________________, _____________.

I, Abraham Lincoln, 16th President of the United States of America, do grant and give this land forever to the aforementioned and their heirs. Given on this 12th day of July in the year One Thousand Eight Hundred Sixty-One.

Land Claim Document of the UNITED STATES OF AMERICA

Your special reward for completing the Oregon Trail Activity Book will be mailed to the address provided above. If you would like to receive more information about travel and events in Mt. Hood Territory, please also provide an adult’s name and email address below.

Name________________________ Email______________________________

Street Address ___________________________
City __________ State ______ Zip Code _______

Q: What is a pioneer's favorite sport?
A: Cross-country.

Q: Why couldn't the tree travel the Oregon Trail?
A: Nothing fit in its trunk.

Q: If you brought 15 cows and 5 goats on your journey, what would you have?
A: Plenty of milk!

EXPLORE MORE at mthoodterritory.com/oregon-trail
Q: Why did the pioneers cross
the country in covered
wagons?
A: Because they didn’t want to
wait 40 years for the train.

Q: What did the buffalo say
to his son as he left for
college?
A: Bye, son.

Q: Where do fish keep their
money?
A: River banks.